



Strasburg Summer Swim Team  
Strasburg Chamber of Commerce  
Mayfest 5K and Fun Run/Walk  
**Strasburg Waves**



**Saturday, May 18, 2019**

**8:00 AM**

**LOCATION:** Strasburg High School 250 Ram Drive Strasburg, VA 22657

**(MEET AT THE RAM)**

**COURSE:** Start at Strasburg High School, follow walking trail to the park, up Park Rd., left on Queen St., left on Sharp St., left on High St., right on S. Holliday St., follow to the main entrance of Strasburg High School and take the Access Road on the right and follow to back side of the school (route is subject to change in event of excessive wet weather)

**ENTRY FEE:** \$20 per person. T-shirts for the first 100 entries received by May 13th. Entrants will be accepted until the morning of the event, \$25 at check-in. You can register and pay online at [www.strasburgvachamber.com](http://www.strasburgvachamber.com) or mail payment to address below. (See Box Below)

**RACE DAY:** Registration will be from 7:00 a.m. to 7:45 a.m. Participants are encouraged to pre-register or show up early on the day of the race.

**QUESTIONS:** Contact Ina Rae Crisman (540) 758-3269, Missy Miller (540)303-7214 or Chamber Office 540-335-6263 or email [ircrisman@yahoo.com](mailto:ircrisman@yahoo.com) [turtle\\_mm@hotmail.com](mailto:turtle_mm@hotmail.com)

**Strasburg Summer Swim Team & Strasburg Chamber of Commerce  
Mayfest 5K and Fun Run/Walk**

**Please make checks payable to:  
Strasburg Swim Team and Mail to:  
170 W. Queen Street,  
Strasburg, VA 22657**

Name: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Sex: M F

**Shirt Size (circle one): Adult S M L XL Kids: M L Email:** \_\_\_\_\_

**Waiver:** In consideration of your accepting this entry, I do hereby release the sponsors, Strasburg Summer Swim, and Strasburg Chamber of Commerce Mayfest 5K and Fun/Run Walk, jointly and separately, from any and all liability for illness, injury, and damages I may suffer as a result of my participation in this event. I understand the sponsors may use my name in the publicity and promotion of this event.

**Signature** (Parent Signature if under 18): \_\_\_\_\_ **Date:** \_\_\_\_\_